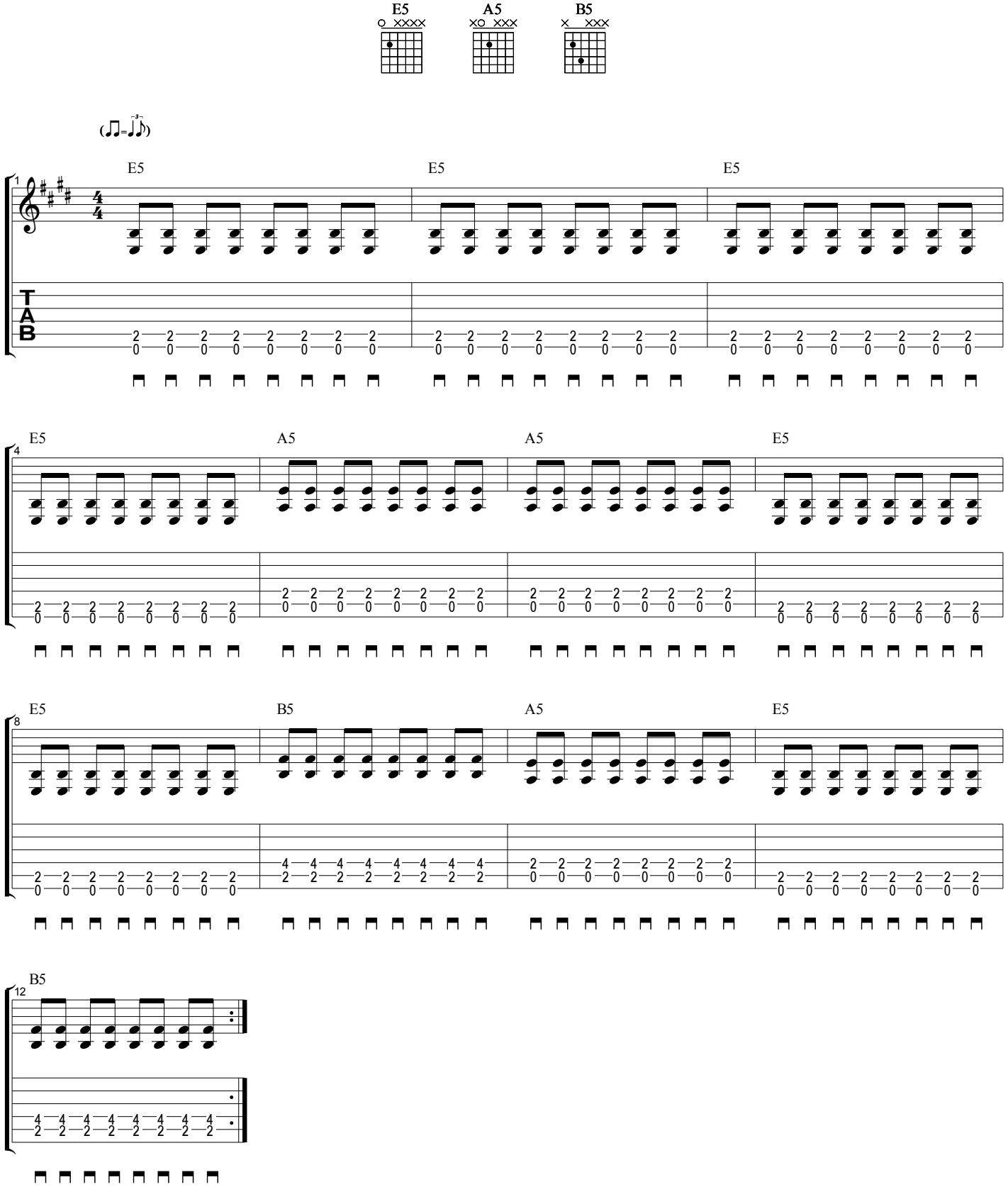12 Bar Blues Progression